

SAVVY HER RALLY

NOTES

LISTEN TO THE MESSAGE

<https://youtu.be/Qv1Sdu2Ccfl>

WATCH THIS VIDEO

bibleproject.com/explore/video/judges/

SCRIPTURES REFERENCED

- Galatians 5: 1, 19 - 21, 22 -26
- 1 Corinthians 6:12
- Daniel 4:34
- Psalm 3:3
- Psalm 121

HER RALLY VISION BOARD EXERCISE

Developing a Spirit led vision board, anchored in SAVVY.

Step one.

Review the definition of SAVVY and the similar words that help define it. Circle the word(s) that resonate with you.

Savvy

noun: shrewdness and practical knowledge; the ability to make good judgments:

acumen	sharp-wittedness	sense
astuteness	sharpness	acuteness

adjective: shrewd and knowledgeable; having common sense and good judgment:

calculating	discerning	judgment
cunning	intelligence	clever

verb: know or understand:

experienced	slick	wise
keen	smart	awareness
knowing	smooth	insight

Step two.

Prayerfully consider the Wheel of Life hand out. Listen, where is the Holy Spirit guiding you to apply your word? If it is discerning for example, what area of life is calling for discernment?

Step three.

Create your vision board. What does it look like to be more [SAVVY Word] in [area of life]?

THE WHEEL OF LIFE

To balance your most important lifetime goals and desires, think of your life as a wheel with many spokes. To have balanced life or synergy, each spoke needs your attention. What in your life right now is crying out for nourishment?

List your top 3 areas of needed nourishment:

- 1.
- 2.
- 3.

My current average: _____

On a Scale of 1 to 7, where 1 means “not at all satisfied” and 7 means “completely satisfied”, how do you rate the following areas of your life?

DID YOU KNOW?

The people on “Forbes” magazine’s list of the 400 richest Americans average 5.8 - the same as the Inuit people in Greenland and the cattle-herding Masai on Kenya, who live in dung huts with no electricity or running water.

[from “money Really Doesn’t Buy happiness,” Whitley Strieber]

